

# 2023 Goals

For this new year, take time and reflect on how you want to grow and be intentional with your time. Making goals will give you an aim point for your development while giving you a structure to keep you from drifting.

You do not need goals in every area, and you do not need multiple goals in each area. Set goals that feel realistic for where you are in life and what matters the most to you. After you fill this out, look it over with your parents and with a mentor so you have accountability and support.

## **Word or Phrase of the Year:**

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## **Mentors:**

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Make your goal S.M.A.R.T.  
**Specific, Measurable, Attainable, Relevant, and Timely.**

## **Personal Goals**

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## **Fitness Goals**

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## **Financial Goals**

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## **Ministry Goals**

**(In serving at church or around the church)**

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## **Spiritual Goals:** **(Personal spiritual growth)**

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## **Relational Goals:** **(Friendships / Family)**

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